The Problem

- Motivation: Physical Therapy is mentally and physically straining with little interactivity or feedback. This lack of motivation, fun, or hope leads to longer recovery timelines
- Progress Tracking: Progress is often subjective and can be difficult to measure. Improvement in pain or range of motion may not always be consistent or easily quantifiable
- Accessibility: Inpatient care can be scarce or prohibitively expensive thereby excluding lower socioeconomic groups

Our Solution

- An easy, engaging, and interactive way to complete physical therapy and track your road to recovery!
- Physical therapy is no longer a dreadful task due to our gamification of exercises
- Fysio allows you to fit your exercises seamlessly into your schedule, without the need for lengthy appointments or commuting times
- Progress is automatically tracked during exercises using computer vision to measure objective improvement over time
- Easy-to-read progress charts are displayed, so you can visualize your recovery journey and stay motivated to reach your goals
- Fysio provides accurate recovery timelines based on your unique recovery history, so you can track your progress and celebrate your achievements every step of the way